

In the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application.

1-59. (Canceled)

60. (New) A stud for use in panel form work for solid filled walls, the stud comprising:

a head formed as a strip adapted to be bonded and/or fastened to an inner face of a panel facing sheet, and

a pair of spaced, opposed flanges formed along and extending away from a central portion of the head, the flanges defining a recess with inwardly directed teeth for engagement of a spacer element,

wherein the passage of a suitably dimensioned spacer element into the recess deforms the flanges and causes the inwardly directed teeth to engage the spacer element.

61. (New) The stud of claim 60 wherein the width of the head is substantially greater than the spacing of the flanges on the central portion of the head.

62. (New) The stud of claim 60 wherein the width of the head is approximately seven times the spacing between the flanges.

63. (New) The stud of claim 60 wherein the flanges are resiliently deformable outwardly by passage of the spacer element to thereby engage the spacer element by compressive contact with the teeth.

64. (New) The stud of claim 60 having a cross sectional configuration, formed by the strip and the pair of flanges, which is substantially T-shaped.

65. (New) The stud of claim 60 having two or more teeth extending longitudinally along each flange inside the recess.

66. (New) The stud of claim 60 wherein each flange has an out-turned terminal lip to guide passage of the spacer element into the recess.

67. (New) The stud of claim 60 wherein the head, flanges and teeth are formed integrally as an extrusion.

68. (New) A building panel containing a stud according to claim 60.

69. (New) A form work panel for solid filled walls, including:
a pair of facing sheets spaced apart by a plurality of stud assemblies,
the stud assemblies each having a pair of parallel strip-like studs held together by a plurality of spacer elements,
the studs each having a head attached to a respective panel and a pair of parallel flanges which form a recess extending from a central portion of the head into the interior of the panel,
each spacer in a stud assembly having tongues which engage respective recesses in the pair of studs, and
each recess in a stud having teeth formed on the flanges to engage the tongues of the spacer elements.

70. (New) A panel according to claim 69 wherein the head of each stud attached to a respective facing sheet is substantially wider than the width of the spacers.

71. (New) A panel according to claim 69 wherein the width of the head of each stud is more than double the width of the recess formed by the flanges.

72. (New) A panel according to claim 69 wherein each head has a relatively broad flat surface attached to a respective panel by way of adhesive.

73. (New) A solid filled wall including a panel as claimed in claim 69 filled with concrete.